

Scotton Lingerfield Primary School

PSHE Long term plan

Updated November 2023

Year A						
	Whole school events	Visits and visitors	Reception	Year 1/2	Year 3/4	Year 5/6
Aut 1	Rules Consent/stranger danger	Police school liaison officer	<p>PSHE is embedded throughout the EYFS curriculum. Pupils are supported to manage emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and direct attention as necessary. Through adult modelling and guidance, they learn how to look after their bodies, including healthy eating, and manage personal needs independently. Through supported interaction with other children they learn how to make good friendships, co-operate and resolve conflicts peaceably.</p>	<p>Relationships and health education</p> <p>Boys and girls, families</p>	<p>Identity, society and equality</p> <p>Democracy</p>	<p>Identity, society and equality</p> <p>Stereotypes, discrimination and prejudice</p>
Aut 2	Anti-bullying Fire safety Road safety	Fire service Local speed watch group Lauren Doherty and local police		<p>Keeping safe and managing risk</p> <p>Feeling safe</p>	<p>Keeping safe and managing risk</p> <p>Bullying – see it, say it, stop it</p>	<p>Keeping safe and managing risk</p> <p>Making safer choices</p>
Spr 1	Railway safety Safer internet day 8 th Feb	Police school liaison officer		<p>Physical health and wellbeing</p> <p>Fun Times</p>	<p>Physical health and wellbeing</p> <p>What helps me choose?</p>	<p>Physical health and wellbeing</p> <p>In the media</p>
Spr 2	Bugs and hygiene Safety around dogs	Dogs trust		<p>Drug, alcohol and tobacco education</p> <p>Medicines and me</p>	<p>Drug, alcohol and tobacco education</p> <p>Tobacco is a drug</p>	<p>Drug, alcohol and tobacco education</p> <p>Different influences</p>
Sum 1	Sun safety Water safety	Lifeguards on beach trip Careers week		<p>Careers, financial capability and economic wellbeing</p> <p>My money</p>	<p>Careers, financial capability and economic wellbeing</p> <p>Saving, spending and budgeting</p>	<p>Relationships and health education</p> <p>Healthy relationships</p>
Sum 2	Farm safety First aid	Paco First aid – delivers lessons to children from Reception to Year 6		<p>Mental health and emotional wellbeing</p> <p>Feelings</p>	<p>Mental health and emotional wellbeing</p> <p>Strengths and challenges</p>	<p>Mental health and emotional wellbeing</p> <p>Dealing with feelings</p>

Year B						
	Whole school days	Visits and visitors	Reception	Year 1/2	Year 3/4	Year 5/6
Aut 1	Rules Consent/Stanger danger	Police school liaison officer	<p>PSED is embedded throughout the EYFS curriculum. Pupils are supported to manage emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and direct attention as necessary. Through adult modelling and guidance, they learn how to look after their bodies, including healthy eating, and manage personal needs independently. Through supported interaction with other children they learn how to make good friendships, co-operate and resolve conflicts peaceably.</p>	Identity, society and equality Me and others	Identity, society and equality Celebrating difference	Identity, society and equality Human rights
Aut 2	Anti-bullying Fire safety Road safety	Fire service Local speed watch group Lauren Doherty and local police		Keeping safe and managing risk Indoors and outdoors	Keeping safe and managing risk Bullying – see it, say it, stop it	Keeping safe and managing risk Keeping safe – out and about
Spr 1	Railway safety Safer internet day	Police school liaison officer Careers week		Physical health and wellbeing What keeps me healthy?	Physical health and wellbeing What is important to me?	Careers, financial capability and economic wellbeing Borrowing and earning money
Spr 2	Bugs and Hygiene Safety around dogs	Dogs trust		Drug, alcohol and tobacco education What do we put into and on to bodies?	Drug, alcohol and tobacco education Making choices	Drug, alcohol and tobacco education Weighing up risk
Sum 1	Sun safety Water safety	Lifeguards on beach trip		Relationships and health education Boys and girls, families	Relationships and health education Growing up and changing	Relationships and health education Healthy relationships
Sum 2	Farm safety First aid	Paco First aid – delivers lessons to children from Reception to Year 6		Mental health and emotional wellbeing – Friendship	Keeping safe and managing risk Playing safe	Mental health and emotional wellbeing Healthy minds